



We are thrilled that your student has decided to dedicate a portion of their summer to growing spiritually. The WKND retreat is a great opportunity for students to get away from the distractions and connect with other Christ-minded students. This event is going to keep your student busy from sunrise to sunset as we worship together, learn from inspirational speakers, and dive deep into discussion about God's word.

This year's theme is One Of A Kind will challenge students to live out Ephesians 4:7. During this year's retreat, we will journey through the Bible to discover how God's view of them can ultimately change how they view themselves. We will walk them through practical steps on how to invite Jesus into every aspect of their lives and pursue the life God has called them to.

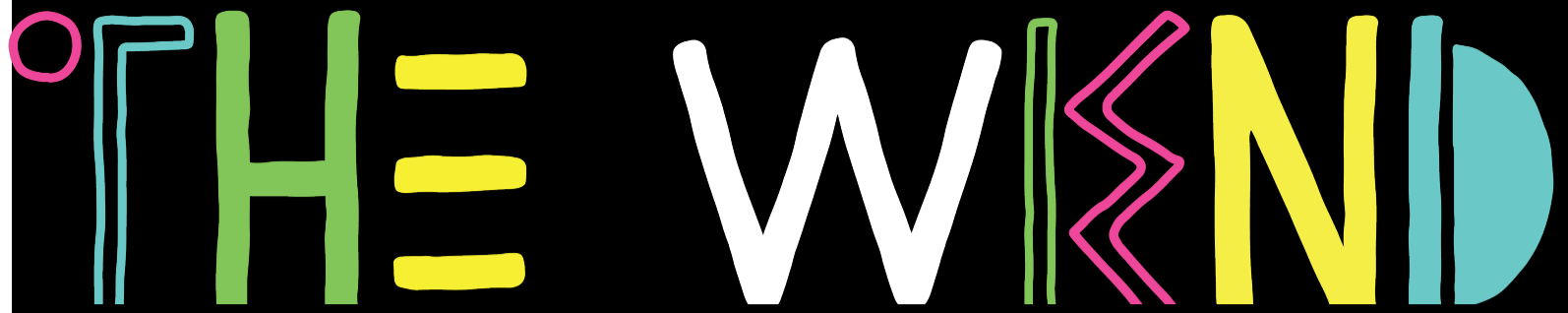
Enclosed in this packet you will find everything you need to help prepare your student for a great weekend of learning and inspiration. Please do not hesitate to contact us if you have any questions or concerns.

OCC Students

(469) 854-1280

students@visitonecc.com





Packing List

What to Bring:

Bible

Journal & Pen

Toiletries

Towel & Washcloth

Bedding & Pillow (Twin)

Jacket or Coat

Casual Clothing

Pajamas

Swimsuit (Modest One Piece)

Beach Towel

Closed-Toe Shoes

Refillable Water Bottle

Flashlight

Medications

Face Mask

Bug Spray

Sunscreen

Spending Money (For Merch
& Snacks)

What NOT to Bring:

Cell Phone, Tablet & Other
Electronic Devices

Food Items

Expensive Jewelry

Food

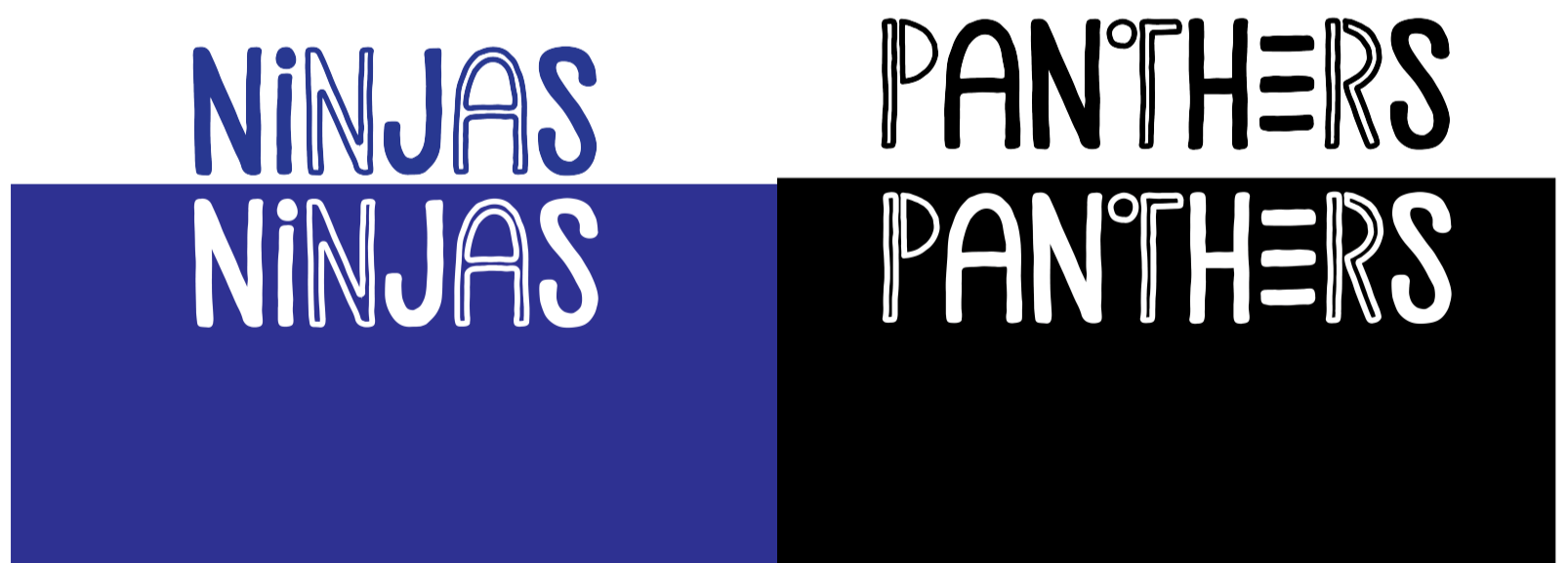
Tobacco/Alcohol Products

Razors and/or Shaving
Products

Weapons

TRIBE COLORS

Our student small groups will be divided into four different tribes. During the WKND students are asked to represent their tribe by theme and color. We will have supplemental spirit swag available for students (i.e., bandanas, beaded necklaces, boas). Below are the four tribes and the corresponding tribe colors. Have fun with this! Please do not go out of your way to buy stuff! This is just for fun...plus it makes cool pictures!





What is included with the cost of registration? The registration fee covers lodging, campsite activities, meals, snacks, and a shirt. Extra snacks, replacement water bottles, and event merchandise can be purchased at an additional cost.

What if my student needs to leave? If your student has to leave at any time during the weekend, a TIME AWAY CARD must be filled out and signed by a parent. The card must explain why and when he/she will be leaving and returning. NO OTHER STUDENTS WILL BE ALLOWED TO RIDE WITH HIM/HER DURING THE WEEKEND.

Where and when do I drop my student off? Students should be dropped off at the campsite at 6:00p on Friday, March 10th. Parents should pick up students from the campsite on Sunday, March 12th starting at 2p. STUDENTS ARE NOT ALLOWED TO DRIVE THEMSELVES.

Campsite Address:

**YMCA Collin County Adventure Camp
1180 W. Houston St.
Anna, TX 75409**

Where will my student be staying? Students will stay in cabins during the weekend with students in the same grade and gender. There are 18 cabins divided into two loops. Each cabin has an A & B side. Each side of the cabin sleeps 14 people, there will be at least one small group leader on each side of the cabin with up to 12 girls or boys. All small group leaders accompanying students are trained and background checked.

Medical Releases - Does it really matter? Each student will need to bring a signed copy of the medical release or have a parent sign one during drop off. We want to take the best care of your student. If there were an emergency, the medical release form would allow us to provide the necessary care for your student. To best protect your student, a signed medical release form must be completed in order for them to attend.

What will students eat during the weekend? Students will be provided a hot meal for dinner Friday, Breakfast, lunch and dinner Saturday, and breakfast and lunch Sunday. Between meals and large group session, a light snack will be provided for each student. Students will also have the option to purchase additional snacks should they desire to. The camp can accommodate most dietary needs, but they need to be notified no later than 2 weeks prior to the camp start date. If the camp cannot accommodate the specific dietary need/restriction, they will recommend that the student come with individually packed meals that the camp will store in the kitchen and reheated during their mealtime.

Can my student bring food or snacks? To avoid attracting insects and small animals, we ask that students do NOT bring any food or drinks besides water into the cabins. Students will be given plenty of time to eat and snack in designated areas.

Can students request to be switched? We will work very hard to make sure students are in a group with people they know. Changes to small group assignments are handled on an individual and case by case basis.

MEDICATION

- **All medications (prescription and non-prescription) must be brought in their original container. Do not pre-dispense, place in a daily pill holder, or request administration outside of the doctor's original orders.**
- **Do not pack any medication in your student's luggage. All medications must be turned in to the medical team during check-in.**
- **Medications will be dispensed during breakfast, lunch, dinner and before bedtime unless otherwise directed.**
- **All non-prescription medications, including over-the-counter medications, vitamins and supplements must be in original manufacturer's container labeled with the dosage instructions, expiration date and students name.**
- **At least one registered nurse will be on-site at all times. If any serious accident or illness occurs at camp, we will administer medical care and contact parents immediately. If parents are not available, we will call the emergency contacts listed on the registration form and the medical form.**
- **If necessary, students will be taken to a nearby hospital for further treatment. In the case of all minor and major accidents or illnesses, parents will be informed by phone.**

MEDICATION CHECK-IN

1. **Fill out medication administration form.**
2. **place form and medication in a clear zip lock bag. with students name clearly labeled.**
3. **turn in medication to medical team during student check in on Friday, March 13th.**

MEDICINE ADMINISTRATION FORM

Full Name: _____ Gender: Male Female

DOB: ___/___/___ Grade: 6th 7th 8th 9th 10th 11th 12th

ALLERGIES

Are you allergic to or do you have any adverse reaction to any of the following?

YES	NO	ALLERGY OR REACTION	EXPLANATION
		Food:	
		Insect Bite/Sting:	
		Plants:	
		Medication:	

MEDICATIONS

List all medications currently used, including any over-the-counter medications.

MEDICATION	DOSE	FREQUENCY	REASON

Non-prescription medication administration is authorized with these exceptions: _____

Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens.